

Display Screen Equipment (DSE) Assessments

Sector - Office

Background

A London based accountancy firm contracted Morgan Maxwell to complete Display Screen Equipment (DSE) Assessments for their 250 employees for the following reasons:

- 38% increase in numbers of employees reporting musculoskeletal disorders (MSDs) within last 12 months.
- More pressure on employees due to recent intensive workloads.
- To help with the retention of staff in the competitive job market.
- To reduce absenteeism and presenteeism.

Results

- ✓ 43% reduction in reported MSDs after 8 months
- ✓ 87% staff engagement in postural awareness sessions
- ✓ DSE compliance across business within 4.5 months.

Morgan Maxwell's Display Screen Equipment (DSE) Assessment Intervention process.

A chartered ergonomist from Morgan Maxwell met with client HR director, and Facilities Manager to get a detailed understanding of current processes for DSE compliance.

Recommendations from client meeting:

- Create four ergonomic champions within the business who have been trained in completing DSE Assessments and have a basic understanding of anatomy and physiology in relation to DSE.
- Ensure all new starters complete DSE Assessment and postural awareness training within four weeks of starting.
- Provide postural awareness sessions for all staff to attend to provide education around how working with DSE can affect your health and wellbeing.
- DSE Assessments to be completed by all staff. High risk individuals identified and seen by chartered ergonomist within 2 weeks.
- Engagement with staff to report musculoskeletal disorders symptoms to HR as early as possible.

Results

- 43% reduction in reported musculoskeletal disorders after 8 months of ergonomics interventions.
- 87% staff engagement in the postural awareness sessions.
- DSE compliance across business within 4.5 months.

